

What is C.A.R.E.S.?

C.A.R.E.S. (Coordination, Advocacy, Resources, Education, and Support) is a powerful and unique model of care that provides the wraparound approach to the family system, using formal and natural supports to help families in need.

C.A.R.E.S. focuses on preventative care and family support ensure children stay in the home while they receive treatment.

By keeping the family unit together, this gives all family members access to services which allows for greater success in treatment and does not add stressors that often result in out of home placement.

Evidence-Based

Strength-Based

Family-Centered

Community-Driven

For more information on
AK Child & Family
CARES program
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AKCHILD & FAMILY

AK Child & Family C.A.R.E.S. program



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Service Components

Our C.A.R.E.S. program relies on intensive case management services in a wraparound service delivery model –providing trauma informed behavioral interventions, in-home support, and 24/7 on-call emergency services. Additional services like clinical therapy are available as needed.

The C.A.R.E.S. services model engages the community in providing available support and activities as well as empowering the youth and family to rely on their own strengths and resources to address well-being and change.

A key element is to support families to identify natural supports in the community for long term support.

The Treatment Team

A supportive and collaborative team approach serves to preserve the unity of the family without the need of out-of-home placement. The primary parent identifies who they want to be on their treatment team to include both agency staff and their own natural supports.

The Goal of C.A.R.E.S.

- Reduces entry into child welfare & juvenile justice system
- Diverts placement into out of home care by safely keeping children and families together in their homes and community
- Shortens the length of stay in care with better outcome at lower costs
- Provides cost effective, efficient, sustainable, and positive outcomes



Where to Send Referrals

Referrals for the C.A.R.E.S. program made by a provider should contact the AK Child & Family Admissions Department to discuss the clinical concerns for the youth and family.

A clinician will do a preliminary consideration of the needs of the family to better help identify whether a referral to AK Child & Family treatment programs is appropriate.

We ask that you place a referral in cooperation with the child's guardian. Complete our one-page [Application](#) and [Release of Information](#) forms that can be found on our website under the link for Admissions.

The C.A.R.E.S. model has been recognized as an evidence-based promising practice by *California Evidence-Based Clearinghouse for Child Welfare (CEBC)*.