



C.A.R.E.S.

AK Child & Family C.A.R.E.S. Newsletter

C.A.R.E.S.

Coordination

Advocate

Resources

Education

Support

WHAT IS C.A.R.E.S.?

The C.A.R.E.S. model is a unique, evidence-based program that provides the “wraparound care” approach to help families in need connect to formal and natural supports.

This model focuses on prevention and family support to help families find solutions to meet their needs.

Keeping families together allows all members access to services, and strengthens their system of support.

★ Evidence-Based ★ Strength-Based ★ Family-Centered ★ Community-Driven ★

HAVE YOU EVER HEARD OF “WRAPAROUND”

MANY HAVEN'T

Wraparound aims to help families achieve goals that they identify as important for the health and wellbeing of their family. As a wraparound program, C.A.R.E.S. helps to bridge the gap between families and the resources they need to feel strong and successful. Whether the needs are mental, physical, emotional, spiritual or financial, the C.A.R.E.S. team has had great success in empowering families by building relationships, assisting in times of crisis and providing families the tools to better prepare for life's obstacles.

“This program has brought so many opportunities into my life...

You guys go above and beyond for me and my family”

-C.A.R.E.S. Participant

Meet Tina,

a 24-year-old single mother of two. Escaping from domestic violence, she made the difficult decision to flee to a new, unfamiliar city where she didn't know anyone. She had nowhere to stay, no support and didn't know what to do.

Throughout the wraparound process, Tina and her children were able to develop safety and treatment plans where Tina **set her own goals, identified what she needed most**, and worked with the C.A.R.E.S. staff to develop supports and resources to start her life over and provide a healthy and safe life for her children.

In working with the C.A.R.E.S. team, Tina and her children were able to move into a supported program specifically designed for victims of domestic violence. The family was also connected to numerous resources for housing stability; financial assistance; employment, as well as support surrounding her mental health and trauma. As a result of working with the C.A.R.E.S. team, Tina now lives in an apartment of her own and has maintained full-time employment.

Families need a community. We've all been stuck before. By helping families build a healthy foundation, the C.A.R.E.S. team is there to support in times of crisis and empower families to strengthen safety and stability in their lives.



“If you do what you always have done, you get what you always got.”

-C.A.R.E.S. Participant



Sometimes life is messy and we all need to get our hands dirty and play in the dirt.



A key element is to guide families in identifying natural supports within the community for long term support.

Winter 2025



Why Choose

C.A.R.E.S.?

Voluntary Participation:

- Families choose to enter the program, fostering a collaborative and supportive environment.

Community-Driven Support:

- Offers tailored services and a Family Team Conferencing approach to address individual family needs.

“The Challengers of life can be extremely overwhelming on your own, especially with kids.”

-C.A.R.E.S. Participant

If you know a family who could use some extra support, please reach out to our C.A.R.E.S. team. We would love to help!



Contact Us

4600 Abbott Road, Anchorage, Alaska 99507

907.346.2101 | admissions@akchild.org

www.akchild.org

In Collaboration with Lutheran Services in America